



PKU **GOLIKE**

JOIN THE EVOLUTION

PKU GOLIKE is an innovative medical formula for kids and adults with phenylketonuria (PKU)—flavorless, flexible, and absorbed more like natural proteins

Look inside to see how PKU GOLIKE can help you go further

Relief Therapeutics products are medical foods for the dietary management of phenylketonuria (PKU) and must be used under medical supervision.

Better absorption.* Zero aftertaste.

PKU GOLIKE is a next-generation medical formula for kids and adults with PKU

Made to mimic nature, with slow-release amino acids that work more like natural proteins—they're more efficiently absorbed and may be easier on your gut.

Flavorless and flexible formula—can be mixed with many of your favorite foods without giving an aftertaste or bad breath.

Packed with 27 vitamins and minerals and **all 19 amino acids people living with PKU need**.



*PKU GOLIKE has been shown in studies with healthy volunteers to have a more physiological absorption compared to free amino acids.

A convenient way to fuel your day

PKU GOLIKE may help power your body and brain throughout the day

PKU GOLIKE keeps going so you can keep going

PKU **GOLIKE**

VS

**OTHER
FORMULAS**

PKU GOLIKE releases less than 50% of its amino acids after 30 minutes and continues gradually releasing for greater than

>420

— minutes —

(>7 hours)

Most formulas have free amino acids that stop releasing after

30

— minutes —

Data is based on a controlled laboratory (in vitro) study.
Results in the human body may vary.

Feel the benefits of slow-release amino acids at any age



Whether you're a busy adult or a growing kid, **PKU GOLIKE is specially formulated** to help provide amino acids closer to the way natural proteins do. That may help power muscle growth and support healthy brain function.

An innovation powered by 100% plant-based ingredients

What makes **PKU GOLIKE** different? An innovation called Physiomimic Technology™. Using 100% plant-based ingredients, this special coating helps ensure amino acids **release slowly in your gut**. This lets your body absorb what it needs naturally while potentially **avoiding bad breath and bloating**.



To see **Physiomimic Technology™** in action
Scan the QR code

Fuel to keep you going and on-the-go convenience

PKU GOLIKE gives people with phenylketonuria (PKU) all the amino acids they need in a convenient package:

- **All 19 amino acids** your body needs
- **Perfect for travel, the office, and school**—**PKU GOLIKE** meets all TSA requirements. So just put some packets in your backpack or purse, and GO



PKU GOLIKE packets are premeasured so you get the right nutrients for your age.



Kids

- For kids and teens 4 to 16 years old
- 15 grams of Phe-free protein equivalent per packet
- ~2 ½ tablespoons of granules per packet



Adults

- For adults and teens 16+ years old
- 20 grams of Phe-free protein equivalent per packet
- ~3 ½ tablespoons of granules per packet

All packets are:



100% Phe-free



Gluten- and dairy-free



Fortified with 27 essential vitamins and minerals, including ones normally found in protein-rich foods like iron, calcium, vitamin B12, zinc, carnitine, taurine, choline, and selenium



Low-carb and naturally sugar-free

Not suitable as a sole source of nutrition. Do not use in case of known or suspected allergy and/or intolerance to one or more of the ingredients.

Consult your metabolic clinician to determine which products are appropriate for you before making any changes to your diet.



For complete **nutritional information**,
including a full list of ingredients
Scan the QR code

Taking PKU GOLIKE— Formula that can flex

PKU GOLIKE's premeasured packets can easily be mixed into meals and smoothies. And because the amino acids are coated, they won't add any unwanted flavors or smells. Simply open the packet, mix the granules with your favorite food, and GO. *It's ready in seconds.*

Mixing for the first time?

Here are some tips to get the best result:

LET TEXTURE BE YOUR GUIDE

Since the **granules by design aren't meant to dissolve**, foods with texture—like applesauce or smoothies with seedy fruits—mix best.



JUST LIKE PKU GOLIKE'S AMINO ACIDS, TAKE IT SLOW

For your first few meals, mix in 1 or 2 tablespoons. Gradually add more granules to each new meal until you're ready for the whole packet.



Consult with your metabolic clinician for guidance on how to use **PKU GOLIKE**.

Here are some other things to keep in mind to help you get the most out of **PKU GOLIKE**:

DO's

- ✓ Mix with food that's room temperature or cooler. And **eat promptly** to make sure the special coating stays intact.
- ✓ If you decide not to use the full packet, store in an airtight container and take the remaining granules within 24 hours once opened.
- ✓ Store packets in a cool, dry place.*
- ✓ Experiment until you find the foods you like to mix with!

*Keep below 77 °F and avoid moisture, direct light, and heat.

DON'Ts

- ✗ Don't add granules to hot food and drinks or cook them: if you do, the coating that masks the flavor will melt.
- ✗ Don't wait for granules to dissolve: they're supposed to break down in your gut, not in your meal.
- ✗ Don't use a full pack in a very small amount of food, as it won't mix well.
- ✗ Don't mix with water or juices. Mix with soft foods, smoothies, or room-temperature sauces.



For **recipes** to help you add
PKU GOLIKE to your meals
Scan the QR code

Support every step of the way

Pentec Health® is the exclusive provider of **PKU GOLIKE and offers a wide range of support, including:**

- Help with ordering samples or coordinating shipments
- Assistance navigating insurance requirements, such as verifying coverage, obtaining prior authorizations, and working through denials and appeals
- Assistance in determining other purchase options in the case of no or limited insurance coverage
- Access to a registered dietitian
- Ongoing help to answer questions, reorder **PKU GOLIKE**, and more

Contact Pentec Health's dedicated
Customer Care Coordinators at:



1-888-639-2110



PKUGOLIKEorders@
pentehealth.com



Try a free sample
Scan the QR code

People living with PKU

“My formula leads to a noticeable difference in the way I feel. If I skip it or only take it in the morning, there can be a range of symptoms like exhaustion. **Like anyone with PKU, my formula is what keeps me healthy.**”

- Person living with PKU

“**This formula isn't just food**—it's what helps my child manage their PKU. Without it, they don't function.”

- Mother of a child living with PKU

“The sky is the limit. **I feel like I can achieve anything on the right diet and formula.**”

- Person living with PKU



See videos of **people living with PKU**
and their families sharing their stories
Scan the QR code



PKU GOLIKE:

A next-generation medical formula for kids and adults with phenylketonuria (PKU)

- Uniquely formulated with a special coating to release amino acids slowly, so they work more like natural proteins
- May help your body use amino acids more efficiently while being easier on your gut
- Masks the flavor and odor of free amino acids, so it won't add an aftertaste or cause bad breath
- Convenient to use, with on-the-go, premeasured packets



Visit [PKUGOLIKE.com](https://www.PKUGOLIKE.com) to learn more,
or scan the QR code

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